

Key Topic/Step 1: Materials You Will Need

Timeframe: 0:33 - 0:53

Storyboard/Scripting (media/images/notes):

1 cup of half-n-half, Half a teaspoon of pure vanilla extract, 3 cups of ice, cup of kosher salt, a large resealable plastic bag, a small resealable plastic bag, 2 tablespoons of granulated sugar, and toppings of your choice

Key Topic/Step 2: Prepare the Mixture

Timeframe: 0:59 - 2:01

Storyboard/Scripting: (media/images/notes):

First, combine the half-n-half, granulated sugar, and vanilla extract in the small resealable bag. Release the excess air and seal the bag. Next, in the large resealable bag, combine the salt and ice. Place the small bag of mixture into the large bag and seal the large bag.

Key Topic/Step 3: Shake and Serve

Timeframe: 2:02 - 2:57

Storyboard/Scripting (media/images/notes):

Now, shake vigorously for around 7 to 10 minutes, or until the ice cream has hardened. Remove the ice cream from the bag and scoop it into a bowl. Pair with your favorite toppings. You now have a delicious bowl of ice cream.

Summary/Ending (summary of key learning, next steps for viewer, and call to action for viewer):

Now that you know how to make homemade ice cream, plan a family fun night or get together with friends to make your own creations! Try new flavors, and, experiment with toppings! Planning family activities is important to strengthen family bonds and increase well-being. Thank you so much for watching. What brain-freeze fun will you create?

Application or Assessment of Learning:

Understand the basic knowledge of applying skills and following directions to demonstrate steps to create a simple dish.

Source (If Applicable: cite any published or copyrighted materials used in this video):

Abraham, Lena. " You Can Make Homemade Ice Cream in a Bag, and We've Lost All Chill. " Delish, Delish, 17 Nov. 2022, <https://www.delish.com/cooking/recipe-ideas/recipes/a54721/ice-cream-in-a-bag-recipe/>.

" FCCLA. " Homepage, <https://fcclainc.org/>.

" Free Design Tool: Presentations, Video, Social Media | CANVA. " Canva, <https://www.canva.com/>.

" Keeping Hands Clean. " Centers for Disease Control and Prevention, Centers for Disease Control and Prevention, 15 June 2022, <https://www.cdc.gov/hygiene/personal-hygiene/hands.html>.

" When We Share, Everyone Wins. " Creative Commons, 5 Jan. 2023, <https://creativecommons.org/>.

Additional Notes:**Additional Sources:**

Wood, Alison. " How to Spend Quantity Time with Kids. " Pint-Sized Treasures, 2 Sept. 2022, <https://pint-sizedtreasures.com/quantity-time-with-kids/>.

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